

Curriculum Vitae of Bruce N. Eimer, Ph.D., ABPP (Rev 7/20/23)

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LICENSE AS A PRACTICING PSYCHOLOGIST:

Florida License as a Psychologist (License #: PY 10748. Active since 03/03/2020)

New Jersey License as a Practicing Psychologist (License #: 35S100460700. Active since 10/06/2008)

BOARD CERTIFICATIONS & FELLOWSHIPS:

Board Certified Diplomate in Behavioral & Cognitive Psychology, American Board Professional Psychology

Status: Active and in good standing. Diploma Number: 4676. Date of Diploma: 08/16/1997.

Fellow of the American Society of Clinical Hypnosis

Fellow of the American Psychological Association (through Div. 30 – Society for Psychological Hypnosis)

CERTIFICATIONS:

American Psychological Association Approved Sponsor and Provider of Continuing Education for Psychologists

PROFESSIONAL ORGANIZATION MEMBERSHIPS:

American Psychological Association, American Society of Clinical Hypnosis, Florida Society of Clinical Hypnosis, International Association for the Study of Pain

BIOGRAPHICAL SUMMARY:

I am a licensed psychologist residing in Lake Worth, Florida. I am a Board-Certified Diplomate in Behavioral & Cognitive Psychology with the American Board of Professional Psychology (ABPP). I have been internationally recognized for my work in developing pain management psychotherapy, advanced clinical applications of hypnosis, and active, short-term psychological treatments of anxiety and depression. I routinely teach to professional audiences across the United States and I am approved by the American Psychological Association as a provider of continuing education to psychologists. I was the Director of Pain Psychology at a major teaching hospital for seven years and I have held multiple clinical appointments at numerous hospitals.

I am the author or co-author of ten books, as well as the author of dozens of book chapters and journal articles. These include my two newest books, *Taming Chronic Pain* and *The Art of Hypnotic Regression Therapy*, as well as my popular self-help book, *Hypnotize Yourself Out Of Pain Now*, and the award winning *Brief Cognitive Hypnosis* textbook.

I am a Fellow of the American Psychological Association and the American Society of Clinical Hypnosis. I was in private practice in Philadelphia, Pennsylvania since 1986. I opened my private practice in Lake Worth, Florida in 2020. I am licensed to practice psychology in Florida and New Jersey.

My professional expertise includes individual and couples counseling and psychotherapy, clinical hypnosis and hypnotherapy, teaching, consultation, clinical supervision, writing, psychological assessment, and serving as an expert witness in forensic matters. I have excellent written and verbal communication skills necessary to build outstanding patient and client services and mentor students and professionals. I have conducted thousands of psychological evaluations, and supervised many students, interns, and clinicians since 1986.

I am trained to use many therapy tools and techniques. I tailor solution-focused strategies to the patient's needs with compassion and understanding. I am a passionate advocate for redefining how we think about and treat chronic pain and depression and for promoting a multi-disciplinary understanding of this complex problem. I am a supporter of suicide prevention education, research and funding. In my personal life, I enjoy spending time with my family, friends, and with my German Shepherd Dog. I enjoy the outdoors and working out.

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PROFESSIONAL COMMITTEES ON WHICH I SERVED:

2009 - 2011: Member, Neurosciences Clinical Policy Management Subcommittee, PA Highmark Blue Shield
 2009 - 2011: Member, Convention Committee, Pennsylvania Psychological Association

PAST ACADEMIC APPOINTMENTS:

1990 - 2005: Adjunct Professor, Institute for Graduate Clinical Psychology, Widener University, Chester, PA
1994 - 1999: Adjunct Professor, Professional Institute for Educators, University of the Arts, Philadelphia, PA
1996 - 1998: Adjunct Professor of Clinical Psychology, Doctoral (Psy.D.) Program in Clinical Psychology, Department of Psychology, Philadelphia College of Osteopathic Medicine (PCOM), Philadelphia, PA
1994 - 1997: EMDR Training Facilitator, The EMDR Institute, Pacific Grove, CA 93950

PAST HOSPITAL

Crozer-Chester Medical Center, Chester, PA (since 2011-2018).

STAFF APPOINTMENTS:

Allied Health Professional Staff, Department of Medicine, Allegheny Hospitals-Elkins Park Division, Elkins Park, PA 19117 (1991-2001)
 Allied Health Professional Staff with specific consulting privileges in Neuropsychology, Frankford Hospital System, Philadelphia, PA (1993-2002).

AUTHORED BOOKS:

- Eimer, B.N. (2008). *Hypnotize Yourself Out of Pain Now! (Second Ed.)*. Bethel, CT: Crown House.
- Eimer, B.N. (2002). *Hypnotize Yourself Out of Pain Now!* Oakland, Ca: New Harbinger Publications.
- Eimer, B.N. & Allen, L.M. (1996). *Psychological Assessment of Chronic Pain Patients*. Durham, NC: CogniSyst.
- Eimer, B.N. & Freeman, A. (1998). *Pain Management Psychotherapy: A Practical Guide*. NY: John Wiley.
- Eimer, B.N. & Hunter, C. R. (2020). *Taming Chronic Pain: A mindful approach for bringing pain relief*. Kindle Direct Publishing.
- Eimer, B.N., & Torem, M.S. (2002). *Coping With Uncertainty: 10 Simple Solutions*. Oakland, Ca: New Harbinger Publications.
- Ewin, D.M., & Eimer, B.N. (2006). *Ideomotor Signals for Rapid Hypnoanalysis: A How-To Manual*. Springfield, IL: Charles Thomas.
- Hunter, C.R. & Eimer, B.N. (2012). *The Art of Hypnotic Regression Therapy: A Clinical Guide*. Bethel, CT: Crown House Publishing Company.
- Zarren, J.I. & Eimer, B.N. (2002). *Brief Cognitive Hypnosis: Facilitating the Change of dysfunctional behavior*. New York: Springer Publishing Company.

EDITED:

Eimer, B.N. (Guest Editor of Special Issue) (July, 2012). Minimizing the risks of

VOLUMES:

inadvertent adverse consequences of hypnosis in clinical and forensic settings.
American Journal of Clinical Hypnosis.

EDITING

EXPERIENCE:

Past Advisory Editor, American Journal of Clinical Hypnosis (www.asch.net),
 Past Advisory Editor, Contemporary Psychology (<http://www.apa.org/psyccritiques>).
 Self-publishing. Editing scientific books and manuals. Content and copyediting.

CONSULTING

APPOINTMENTS:

Office of Vocational Rehabilitation (OVR): Dates: 1988 through 1997.
 Bureau of Disability Determination (BDD): Dates: 1985 through 1996.
 Greater Delaware Valley Chapter of the National Multiple Sclerosis Society: 1988-1997.

CONSULTING

Department of Homeland Security Federal Air Marshal Service. Aug. 2005-Dec. 2006.

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APPOINTMENTS:	Pennsylvania State Police Lethal Weapons Training Program (Sept. 2002-2018). PA State Police Municipal Police Officers Education & Training Commission (MPOETC). Social Security Administration. Medical expert in Psychology. Dates: Jan. 2009-2018. Neurosciences Clinical Policy Management Committee, PA Blue Shield. 2010-2013.	
EDUCATION & TRAINING	State University of New York College at Oneonta	B.A. (Completed: 1975) <u>Field:</u> Psychology
	State University of New York at Albany	M.A. (Completed: 1976) <u>Field:</u> Educational Psychology
	State University of New York at Albany	Certificate of Advanced Study (1977) <u>Field:</u> School Psychology
	State University of New York at Albany https://www.albany.edu/graduate/ed-psychology-phd-degree.php	Ph.D. (Completed: 1981) Educational Psychology & Statistics
	Hahnemann University APA Approved Psy.D. Clinical Psychology Repecialization Program http://www.apa.org/ed/graduate/respecialization.aspx http://www.widener.edu/academics/schools/shsp/psyd/	APA Approved Certificate of Postdoctoral Respecialization (Completed: 1986) <u>Field:</u> Clinical Psychology
	Hahnemann University APA Approved Clinical Psychology Internship (1984-1986) http://www.widener.edu/academics/schools/shsp/psyd/	APA Approved Clinical Psychology Internship (Completed: 1986)
CERTIFICATE PROGRAMS:	Center for Cognitive Therapy, University of Pennsylvania, Philadelphia, PA 19104 http://www.med.upenn.edu/cct/	Training and supervision in Cognitive Therapy (Approx. 750 hrs.) (1984-1986)
	Banyan Hypnosis Center Tustin, CA http://www.hypnosiscenter.com/	Oct. 2011. 2-week intensive Basic through Advanced Hypnotherapy Training Course
	Alliance Empowerment. www.RoyHunter.com	Basic and advanced training in Hypnotic Regression Therapy, Parts Therapy, and Parts Therapy Train the Trainer with Roy Hunter (2011, 2013, 2014)
	American Society of Clinical Hypnosis, Clinical Workshops www.ASCH.net	Beginning, Intermediate and Advanced Training in Clinical Hypnosis (Approx. 100 hrs., 1986-1989)
	American Hypnosis Training Academy and National Association of Certified Hypnotherapists, Silver Springs, MD 20910 https://www.ahtainc.com/	Training leading to Certification as Master Practitioner NLP and Hypnosis (100 hrs., 1988)
	Reitan Neuropsychology Laboratory Certification Training in Clinical Neuropsychology http://reitanlabs.com/	Basic and Advanced Courses on the Halstead-Reitan Neuropsychological Test Battery for TBI Evaluation (60 hrs., 1989)

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Hamot Institute of Behavioral Health Luria-Nebraska Neuropsychology Conference Erie, PA http://www.upmc.com/locations/hospitals/hamot/pages/default.aspx	Basic and Intermediate Training in the Luria-Nebraska Neuropsychology Battery (32 hrs., 1991)
EMDR Institute. www.EMDR.com	Level I & II Certificate Training with the (EMDR Therapy) EMDR Institute (Approx. 48 hrs., 1992)
	EMDR Institute Facilitator Training (Approx. 48 hrs., 1994)
The Institute for Relationship Therapy New York, New York. http://imagorelationships.org/	Certification Training Program in Imago Relationship Therapy (80 hrs. in 1993)
International Critical Incident Stress Foundation Ellicott City, MD. https://icisf.org/	Level I & II Training in Critical Incident Stress Debriefing. (24 hrs., 1994).

PROFESSIONAL EXPERIENCE:

Aug. 2022 – Present: Pain Control Hypnosis Practitioner Training. Founder and President. Writing curriculum, promoting, and teaching online and in-person intensive workshops instructing practicing healthcare professionals on how to do Pain Control Hypnosis. Attendees include: physicians, dentists, nurse practitioners, physician assistants, physical therapists, chiropractors, psychiatrists, psychologists, licensed clinical social workers, licensed mental health counselors, pastoral counselors, holistic healers, acupuncture practitioners, and professional hypnotherapists. This didactic and experiential course covers the applications of clinical hypnosis to controlling and relieving acute and persistent pain in medical, dental, and mental health settings. Clinical and ethical indications and contra-indications for using hypnosis for pain control are covered. Three full days of instruction. Bruce Eimer, Ph.D., LLC is approved by the American Psychological Association to sponsor continuing education for psychologists. Bruce Eimer, Ph.D., LLC maintains responsibility for this Continuing Education program and its content. Bruce Eimer, Ph.D., LLC is approved by the International Medical & Dental Hypnotherapy Association (IMDHA) to sponsor continuing education for IMDHA certified hypnotherapist members and by the American Society of Clinical Hypnosis to provide advanced training in Pain Control Hypnosis to ASCH members. Bruce Eimer, Ph.D., LLC is approved through joint providership with Mountain Area Health Education Center (MAHEC) to provide continuing medical education for physicians in Pain Control Hypnosis.

Dec. 2021 – Present: Delray Beach Psychiatry. 4205 West Atlantic Ave, Unit C, Delray Beach FL, 33445. Phone: 561-266-4450. Fax: 561-257-5229.
www.DelrayBeachPsychiatry.com. I use clinical hypnosis, mindful hypnotherapy, cognitive-behavioral therapy, EMDR, and energy psychology to help people make desired changes rapidly. Providing client centered psychotherapy to adults, adolescents, children, parents, and couples.

Mar. 2020 – Present: Private Practice in Florida, Owner of Bruce Eimer, Ph.D., LLC.
Address: www.BruceEimer.com Email: bruce@bruceeimer.com Tel: 561-377-1039. Fax: 215-893-3081. 7546 Pebble Shores Terrace, Lake Worth, FL 33467.
Scope of Services: Because of COVID, since March 2020, I have emphasized online counseling and hypnotherapy sessions. I specialize in treating anxiety, phobias, depression, PTSD, pain problems, unhealthy habits and relationship problems. I use clinical hypnosis for smoking cessation without withdrawal, weight loss without dieting, promoting relief from chronic pain, reducing anxiety, eliminating phobias, resolving grief, depression recovery, and trauma and PTSD resolution. I offer a free 15-minute phone consultation.

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Sept. 1988 – Dec. 2019: Private Practice in Pennsylvania, Director & CEO, The Behavior Therapy Center, P.C. Most recent PA address: 19 Chapel Hill Road, Huntingdon Valley, PA. Current Tel: 561-377-1039. Website: www.BruceEimer.com
Email: bruce@bruceeimer.com

2000 – 2018: Individual Practice of Clinical Psychology. Provision of direct patient care in the form of individual, couples and family psychotherapy, and clinical hypnosis services in a private office setting. Evaluating and treating adults, adolescents, children, and geriatric patients with acute and chronic posttraumatic stress disorder, severe mental illness, psychotic disorders, dissociative disorders, phobias, panic disorder, generalized anxiety disorder, depression, dysfunctional habits, adjustment disorders, substance abuse disorders, somatization and pain disorders, stress-related medical and psychosomatic disorders, and brain injuries. Psycho-educational and neuropsychological testing. Personality assessment.

Scope of Services: Through 2000: Managing a four-office clinical and consultation-liaison practice. Clinical supervision, clinical services and budgetary planning and management.

9/1/2011 – 9/30/2017. Director of Pain Psychology and Behavioral Health, Crozer Chester Department of Psychiatry and Crozer-Chester Medical Center. Chester, PA. <http://www.crozerkeystone.org/services/pain-management/> **Scope of Services:** Served the Crozer Psychiatry Department and the Crozer Comprehensive Pain Center. Psychological evaluation and psychotherapy with chronic pain patients, employing a variety of psychological modalities, including: cognitive-behavioral therapies and clinical hypnosis. Duties included: Opiate risk assessments, patient education, pain management psychotherapy, teaching, training, provision of in-service programs, staff supervision, consultation-liaison, psychological evaluations and psychological testing. Developed the behavioral healthcare component of a multi-disciplinary pain management program. Clinical research, preparing articles, book chapters and books for publication on pain management, psychotherapy, hypnosis, hypnotherapy, and other behavioral health care and medical psychology topics.

Nov, 2017 – Present. Co-creator of the *Mastering the Art of Hypnotherapy Professional Mentoring Program*. A multi-media online and live training program for health professionals who use hypnosis.

Aug, 2016 – Dec. 2017. Instructor of online monthly webinar entitled, *Understanding the Puzzle of Chronic Pain*. <https://tzkseminars.com/Custom/TZKseminars/Pages/SpeakerInfo.aspx?sid=39&speaker=Bruce-Eimer,-Ph.D.>

Mar, 2016 – Present. President and Founder of HypnosisCE.com. www.HypnosisCE.com APA approved provider of CEU's to psychologists and other health professionals.

Aug. 2010 – Present. **Medical Expert in Psychology**, Social Security Administration, Office of Disability Adjudication and Review, Philadelphia, PA.

Sept. 1988 – Sept. 2018: Private Practice, Director & CEO, The Behavior Therapy Center, P.C. Address: Huntingdon Valley, PA. Tel: 215-947-7867. Fax: 215-893-3081. Email: dr.eimer1@comcast.net Websites: www.hypnosishelpcenter.net and www.HypnosisHelp.com www.TamingPain.com www.StopSmokingNow.net

Scope of Services: Through 2000: Managing a four office clinical practice, with 6 psychologists and 3 clerical staff. Budgetary planning and management.

2000 – present: Individual practice.

Practice of Clinical Psychology. Provision of direct patient care in the form of individual, couples and family psychotherapy, and clinical hypnosis services in a private office setting. Evaluating and treating adults, adolescents, children, and geriatric patients with acute and chronic post traumatic stress disorder, severe mental illness, psychotic disorders, dissociative disorders, phobias, panic disorder, generalized anxiety disorder,

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depression, dysfunctional habits, adjustment disorders, substance abuse disorders, somatization and pain disorders, stress-related medical and psychosomatic disorders, and brain injuries. Psycho-educational and neuropsychological testing. Personality assessment. **Consultation-Liaison.** Provision of direct patient care to adult and geriatric populations in acute care, medical and psychiatric hospitals, physical rehabilitation units, and long term care facilities. Consultation-liaison work in acute care, medical and psychiatric hospitals, physical rehabilitation units, long term care facilities, and nursing homes.

Police Psychology. Providing psychological evaluations of security officer candidates in the PA State Police Act 235 Lethal Weapons Training Program. Providing pre-employment psychological evaluations of new police officer hires, and of police academy cadets. Conducting forensic assessments of individuals who have at some time in the past been involuntarily committed for psychiatric inpatient treatment. Consultation and provision of pre-employment psychological duty evaluations for the Department of Homeland Security Federal Air Marshal Service.

Forensic Psychology. Expert witness in civil (personal injury; workers compensation) and criminal cases (self-defense and law enforcement line-of-duty shootings). Forensic neuropsychological and psychological assessment and expert witness testimony.

Teaching and Supervision. Planning and organizing educational programs pertaining to health care services in inpatient, outpatient, and residential treatment settings. Provision of training seminars. Communicating orally and in writing using word processing software (MS Word) and MS Power Point. Clinical supervision of psychologists and clinical social workers. APA approved sponsor of continuing education programs for psychologists.

Publishing. Writing for publication journal articles and books; research; test construction.

PAST POSITIONS & APPOINTMENTS:

Aug. 2010 – Dec. 2010. Staff Psychologist, Juniata Mental Health Clinic, 2254 North 3rd Street Philadelphia, PA.

Aug. 2008 – Nov. 2008: School Psychologist. Temporary position. Trenton School District. Trenton, New Jersey.

Duties: Case management for children with Autism Spectrum Disorders. Psychological and intellectual/cognitive testing. Writing initial IEPs and updating them as needed. Running IEP conferences with parents and members of the child study team. Consultation with teachers, school counselors and parents. Student counseling. Writing and implementing behavior plans, using Applied Behavior Analysis and Positive Behavior Support principles. Case load composition: Pre-school disabled and Grades K through 6.

September, 1992 – Present: Independent School Psychologist Evaluator, Philadelphia School District, Philadelphia, PA.

January, 1991 - Dec., 1994: Attending Neuropsychologist at Huntington Hospital, 200 Fitzwatertown Road, Willow Grove, PA 19090. **Duties:** Provision of neuropsychological consultations on geriatric Inpatient unit as well as on general psychiatry unit. Clinical staff supervision.

January, 1991 - Dec., 1993: Attending Neuropsychologist at Northwestern Institute of Psychiatry, Fort Washington, PA. **Duties:** Provision of neuropsychological consultations with adolescents and adults on various Psychiatric inpatient units. Supervision & Treatment planning.

December, 1991 - Sept., 1992: Consulting Neuropsychologist at Progressive

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Living Units & Systems (PLUS). A post-acute Rehabilitation Program for Head Injured Adolescents and Adults. 2432 Bristol Road, Bensalem, PA 19020. Neuropsychological testing, behavioral consultation, staff counseling and supervision.

January, 1987 - Dec., 1999: Consulting Psychologist to Nursing Homes.

Duties: Provision of neuropsychological, psychological assessment, team treatment planning services, and psychological counseling to nursing home residents. Evaluation & treatment of geriatric patients with dementia, psychosis, anxiety, adjustment and depressive disorders. Family counseling, staff support, training, and consultation with staff, design and implementation of behavior modification programs, and participation in rehabilitation team and treatment care plan conferences. Supervision of a geropsychology consultation service provided by Ph.D. and Masters level psychologists in six nursing homes. Managing budgets. Treatment planning. Program development. Applied Behavior Analysis.

September, 1986 - April, 1990: Faculty, Academic Review, 3 West 73rd Street, New York, NY 10023. Duties: Planning and running seminars to prepare psychologists to take the National Examination for Professional Practice in Psychology.

September, 1988 - 1997: Psychological Consultant, National Multiple Sclerosis Society, Greater Delaware Valley Chapter, Philadelphia, PA 19103.

Duties: Running seminars on psychological coping and facilitating support groups.

October, 1988 - September, 1989: Director of Biofeedback Services and Psychology, Division of Psychological Services, Department of Psychiatry, Philadelphia College of Osteopathic Medicine, 4150 City Avenue, Philadelphia, PA 19131.

Duties: Directing clinical biofeedback therapy services. Psychophysiologic and behavioral approaches to treatment of addictive disorders. Providing psychological and neuropsychological testing services for children and adults. Providing individual psychotherapy and clinical supervision of staff. Clinical supervision and teaching of psychiatric residents. Budgets. Program development. **Types of patients seen:** General psychiatric and substance abuse, PTSD, dissociative disorders, chronic pain, general medical.

October, 1987 - October, 1988: Director of Psychology, Dept. of Rehabilitation Medicine, Abington Memorial Hospital, 1200 Old York Rd, Abington, PA 19001.

Duties: Clinical provision of services on a 21 bed rehabilitation unit of general hospital serving chronic pain, neurological and orthopedic patients. Providing psychological evaluations, neuropsychological screening, treatment & consultation services as part of an interdisciplinary rehabilitation team. Individual and family counseling, patient support groups, biofeedback therapy and hypnosis, and serving on Hospital Palliative Care Team. Directing treatment planning conferences. Budgets. Clinical staff supervision.

September, 1986 - October, 1987: Staff Psychologist, Eastern State School and Hospital, 3740 Lincoln Highway, Trevese, PA 19047.

Duties: Team treatment planning. Provision of direct clinical services (assessment and psychological treatment to hospitalized children and adolescents with psychiatric, developmental, personality, psychotic, behavioral, substance abuse, and complex post traumatic stress disorders. Applied Behavior Analysis and Positive Behavior Support programs. Direct supervision of clinical and school psychology interns, psychiatry residents, and clinical teaching. Behavioral consultations with nursing staff and hospital school personnel. Running treatment plan conferences. Supervising psychology interns. Budgets.

January, 1987 - September, 1987: Clinical Psychology Associate, Southwood Medical Associates, 10125 Verree Road, Suite 201, Philadelphia, PA 19116.

Duties: Psychological associate in internal and rehabilitation medicine practice. Providing psychological consultations and evaluations, psychotherapy,

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biofeedback therapy, and clinical hypnosis to patients with medical-psychiatric, post-traumatic stress, acute stress disorders and chronic pain.

June, 1986 - July, 1987: Staff Psychologist, Bustleton Guidance Center, 8400 Bustleton Avenue, Suite 201, Philadelphia, PA 19152. **Duties:** Individual psychotherapy with children, adolescents and adults, and marital and family therapy. Direct provision of psychophysiological and cognitive-behavioral therapies to outpatients with PTSD, dissociative disorders, and a wide range of psychiatric, medical, personality, and chemical dependency disorders. Psycho-educational consultations to schools & agencies. Direct supervision of masters level therapists. Program development.

June, 1986 - September, 1986: Consulting Psychologist, Craniofacial Pain Center, 1847 Old York Road, Abington, PA 19001. **Duties:** Provision of psychophysiologic therapies to patients with acute and post traumatic stress disorder, chronic pain and pharmaceutical addictions.

APA APPROVED CLINICAL INTERNSHIP

August, 1984 - June, 1986: Clinical Psychology Intern, Division of Clinical Psychology, Department of Mental Health Sciences, Hahnemann University, Philadelphia, PA 19102. APA Approved Clinical Psychology Respecialization Program. **Types of patients seen:** General psychiatric, substance abuse (drug and alcohol), posttraumatic stress disorder, and addictive disorders.

1984 - 1985: Philadelphia Mental Health Clinic, 1235 Pine Street, Philadelphia, PA. **Duties:** Outpatient psychotherapy and psychological testing with adults and children. Couples, and family therapy. Psychological disability evaluations and school psychology. **1985 - 1986:** Department of Psychiatry, Mercy Catholic Medical Center - Misericordia Hospital, Philadelphia, PA and Fitzgerald-Mercy Hospital, Darby, PA. **Duties:** Individual and group therapy with inpatient psychiatric, geriatric, and substance abuse patients.

March, 1984 - April, 1985: Staff Psychologist, Delaware Valley Psychological Clinics, 1536 Pratt Street, Philadelphia, PA 19124. **Duties:** Outpatient therapy with patients presenting with: psychiatric disorders, substance abuse (drug and alcohol), addictive disorders, relationship and family problems. Provision of psychodiagnostic assessments.

August, 1983 - June, 1984: Hahnemann University Clinical Practicum. **Site:** Fairmont Institute, 571 Fairthorne Avenue, Philadelphia, PA 19128. **Duties:** Psychodiagnostics with inpatient adolescents, adults, and geriatric patients with psychiatric, substance abuse, addictive and neuropsychiatric disorders.

August, 1982 - July, 1983: NIH Postdoctoral Fellow in Personality Development Research, Center for Research in Human development, Educational Testing Service, Princeton, NJ 08541.

Duties:

- (1) Conducting research on parental teaching strategies with learning disabled children.
- (2) Conducting research on children's social-cognitive development.
- (3) Conducting research on Applied behavior Analysis and Positive Behavior Support training with parents of developmentally disabled children.
- (4) Budgetary management.
- (5) Developing grant proposals.
- (6) Program development.

August, 1981 - June, 1982: Clinical-Child Psychology Intern, Child Psychiatric Services, University of Louisville Medical School, Louisville, Kentucky, 40202. **Duties:** Individual and group psychotherapy with inpatient and outpatient children and adolescents. Family therapy, behavior therapy, psychological testing, consultation with nursing staff and parents, and psychological consultations to schools.

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June, 1979 - April, 1981: Doctoral Dissertation Research, Depts of Psychology and Educational Psychology, State University of New York at Albany and Saratoga Springs Public School District, Saratoga Springs, NY.

Eimer, B.N. (1981). Children's conceptions of the purposes, outcome, and styles of parental reprimand. Dissertation Abstracts International. 42(3).

HONORS: William S. Kroger Award for The Best Paper on Hypnosis, Health and Behavioral Medicine American Journal of Clinical Hypnosis, American Society of Clinical Hypnosis (2010)

Distinguished Dissertation Award. State University of New York at Albany (1981)

Graduate Teaching Fellowship in Educational Psychology
State University of New York at Albany (1977 - 1980)

Graduate Research Fellowship in Educational Psychology
State University of New York at Albany (1976)

OFFICES HELD: **August, 1989 - 1992:** Officer, Bylaws Committee, PA Society of Behavioral Medicine and Biofeedback. Duties: Participation as part of committee to evaluate, update, and revise bylaws giving the purpose, standards, and organizational rules of the society.

November, 1990 - Dec., 1991: Chair, Insurance Advisory Committee, Pennsylvania Society of Behavioral Medicine and Biofeedback. Duties: Developing standards for the clinical practice of biofeedback for provider certification, and for state licensure. Developing standards for peer review and for education.

PARTIAL LIST OF PRESENTATIONS AND WORKSHOPS:

Eimer, B.N. (2023). Assessing suicide risk indicators: A primer for hypnotherapists. Invited faculty at the Annual Meeting of the International Medical and Dental Hypnotherapy Association (IMDHA), Orlando, FL, May 2023.

Eimer, B.N. (2023). Pain Control Hypnosis: An introduction. Invited faculty at the Annual Meeting of the International Medical and Dental Hypnotherapy Association (IMDHA), Orlando, FL, May 2023.

Eimer, B.N. (2023). Hypnosis as a tool for preparing patients for surgery. Invited faculty at the Annual Meeting of the International Medical and Dental Hypnotherapy Association (IMDHA), Orlando, FL, May 2023.

Eimer, B.N. (2023). Influences on the development of Pain Control Hypnosis. Invited faculty at the Annual Dave Elman Hypnosis Institute International Conference. Web-based online conference. April 2023.

Eimer, B.N. (2022). Hypnosis for pain. Invited faculty at the 12th Annual Scientific Meeting of the Southern Headache Society, Asheville, NC. Sept. 2022.

Eimer, B. N. (2022). Hypnosis for controlling persistent pain. Lecture at the Annual in-person Meeting of the International Medical and Dental Hypnotherapy Association, Hypno Expo 2022. Orlando, FL May 15-16, 2022.

Eimer, B. N. (2021). Hypnosis for treating depression. Lecture at the Annual Virtual Meeting of the International Medical and Dental Hypnotherapy Association, Hypno Expo 2020. May 24-27, 2021.

Eimer, B. N. (2021). Hypnosis for weight loss. Lecture at the Annual Virtual Meeting of the International Medical and Dental Hypnotherapy Association, Hypno Expo 2020. May 24-27, 2021.

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- Eimer, B. N. (2021). The Art of Hypnotic Regression Therapy. 2-day Workshop at the Annual Virtual Meeting of the International Medical and Dental Hypnotherapy Association, HypnoExpo 2020. 5/24-27/2021.
- Eimer, B. N. (2020). Hypnosis for treating depression. 2-day webinar for the Annual Virtual Meeting of the International Medical and Dental Hypnotherapy Association, Hypno Expo 2020. April 16-17, 2020.
- Eimer, B. N. (2019). Hypnotherapy for taming chronic pain. A 2-day workshop presented at the Annual Meeting of HypnoThoughts Live 2019, Las Vegas, NV. August 14-15, 2019.
- Eimer, B. N. (2019). Hypnotherapy for preventing and alleviating anxiety and depression. 2-day workshop presented at the Annual Meeting of the International Medical and Dental Hypnotherapy Association, Hypno Expo 2019. Daytona Beach, FL. May 16-17, 2019.
- Eimer, B.N. (2018). Pain Hypnotherapy. Mastering the art of hypnosis for pain control. One-day workshop presented for the Greater Philadelphia Society of Clinical Hypnosis at Jefferson Medical University, Philadelphia, PA. November 3, 2018.
- Eimer, B.N. (2018). Pain Hypnotherapy. Mastering the art of hypnosis for pain control. 2-day workshop presented at the Annual Meeting of HypnoThoughts Live 2018. Las Vegas, NV. Aug. 21-22, 2018.
- Eimer, B.N. (2018). Essentials of a single session smoking cessation program using hypnotherapy. Presented at the Annual Meeting of HypnoThoughts Live 2018. Las Vegas, NV. August 26, 2018.
- Eimer, B.N. (2018). Mindful hypnotherapy for taming chronic pain. 2-day workshop presented at the Annual Meeting of the International Medical and Dental Hypnotherapy Association, Hypno Expo 2018. Daytona Beach, FL. May 16-17, 2018.
- Eimer, B.N. (2017). Taming Chronic Pain. Teaching the art of mindful pain control. Presented at the Annual Meeting of HypnoThoughts Live 2017. Las Vegas, NV.
- Eimer, B.N. (2017). A one-visit stop smoking program using hypnotherapy. Presented at the Annual Meeting of HypnoThoughts Live 2017. Las Vegas, NV.
- Eimer, B.N. (May, 2015). Hypnotherapy for pain management. Advanced Workshop. Presented at the Annual Meeting of HypnoThoughts Live 2015. Las Vegas, NV.
- Hunter, C. R. & Eimer, B.N. (May, 2015). Hypnotic Regression Therapy. Advanced Workshop. Presented at the Annual Meeting of HypnoThoughts Live 2015. Las Vegas, NV.
- Hunter, C. R. & Eimer, B.N. (May, 2014). Parts Therapy. Advanced Workshop. Presented at the Annual Meeting of the International Medical and Dental Hypnotherapy Association. Daytona Beach, FL.
- Eimer, B.N. (May, 2013). Hypnotic Regression Therapy. Advanced Workshop. Presented at the Annual Meeting of the International Medical and Dental Hypnotherapy Association. Daytona Beach, FL.
- Eimer, B.N. (March, 2012). Ideomotor signals for rapid hypnoanalysis. Advanced Workshop. Presented at the Annual Meeting of the American Society of Clinical Hypnosis. Charlotte, NC.
- Eimer, B.N. (March, 2012). Ideomotor signals for rapid hypnoanalysis. Advanced Workshop. Presented at the Annual Meeting of the American Society of Clinical Hypnosis. Charlotte, NC.
- Eimer, B.N. (April, 2012). Using psychology in pain management. Grand Rounds Presentation at Crozier Chester Hospital and Medical Center, Chester, PA.
- Eimer, B.N. (June, 2010). Using psychology in pain management. Grand Rounds Presentation at Crozier

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- Chester Hospital and Medical Center, Chester, PA.
- Ewin, D.M. & Eimer, B.N. (March, 2009). Ideomotor signals for rapid hypnoanalysis. Advanced Workshop. Annual Meeting of the American Society of Clinical Hypnosis. Boston, MA.
- Zarren, J.I. & Eimer, B.N. (March, 2009). Brief Cognitive Hypnosis and other behavior change skills. Advanced Workshop. Annual Meeting of the American Society of Clinical Hypnosis. Boston, MA.
- Eimer, B.N. (October, 2008). Teaching fundamentals of hypnotic inductions and how to hypnotize. Introductory Workshop. Society for Clinical and Experimental Hypnosis. King of Prussia, PA.
- Eimer, B.N. (April, 2005). Weight loss hypnotherapy: A mini-workshop. Invited Presentation to the Greater Philadelphia Society of Clinical Hypnosis, Philadelphia, PA.
- Eimer, B.N. (April, 2003). Teaching in the Intermediate Workshop at the annual meeting of the American Society of Clinical Hypnosis. Alexandria, VA.
- Eimer, B.N., & Torem, M.S. (April, 2003). Hypnosis for coping with uncertainty. Half-day workshop presented at the American Society of Clinical Hypnosis annual meeting. Alexandria, VA.
- Eimer, B.N. (August 24, 2001). Chair & Discussant, Symposium: Hypnosis for surgical analgesia: An underutilized tool. Annual meeting, American Psychological Association, San Francisco, CA.
- Eimer, B.N. (March 30, 2001). Psychological Barriers to Pain Management. Invited Presentation to the Greater Philadelphia Pain Society, Philadelphia, PA.
- Eimer, B.N. (December 17, 2000). Hypnosis for the relief of pain. Invited Presentation to the Greater Philadelphia Society of Clinical Hypnosis, Philadelphia, PA.
- Eimer, B.N. (August, 2000). Brief Pain Management Psychotherapy: Assessment and Treatment Strategies. Full-day intermediate workshop presented at the annual convention of the American Psychological Association, Washington, D.C.
- Eimer, B.N. (August, 2000). Brief Cognitive Hypnosis: Combining cognitive psychotherapy and hypnosis in the treatment of chronic pain. Invited paper. Division 30, Psychological Hypnosis Symposia, Annual convention of the American Psychological Association, Washington, D.C.
- Eimer, B.N. (June, 2000). Brief Pain Management Psychotherapy. Full-day Intermediate workshop presented at the annual convention of the Pennsylvania Psychological Association, Harrisburg, PA.
- Eimer, B.N. (1999, May). Participated as invited faculty in 4-day Regional American Society of Clinical Hypnosis (A.S.C.H.) Basic Workshop in Clinical Hypnosis, Philadelphia, PA. Taught basic hypnotic induction techniques to physicians, psychologists, and other licensed health care providers, provided small group supervision in workshop practicums, and lectured on "Fundamentals of Self-Hypnosis in Clinical Practice".
- Eimer, B.N. (1999, Mar.). The Uses of Clinical Hypnosis in the care of the Chronic Pain Patient. Symposium Chaired at Annual Scientific Meeting of the American Soc Clin Hypnosis, Atlanta, GA.
- Eimer, B.N. (1999, Sept.). Cognitive Relaxation Therapy for Pain Management. Workshop presented at the annual meeting of the American Academy of Pain Management, Las Vegas, NV.
- Eimer, B.N. (1999, June). Cognitive Therapy for Pain Management. Full-Day Workshop presented at the annual meeting of the Pennsylvania Psychological Association, Valley Forge, PA.
- Eimer, B.N. (1998, Sept.). Cognitive Therapy for Pain Management. Invited Workshop at the annual meeting of the American Academy of Pain Management, Atlanta, GA.

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- Eimer, B.N. & Pignotti, M. (1997 - 1998). Level I and II Training in Thought Field Therapy (TFT). Full Weekend (Two-Day Training). NYC and Philadelphia: Professional Psychotherapist Training Workshops and The Behavior Therapy Center., P.C.
- Eimer, B.N. (1995, June). EMDR Applications for Pain Management. A 3-Hour Workshop at the 1995 International EMDR Conference, Santa Monica, CA.
- Eimer, B.N. (1995, May). The Psychology of Managing Stress for Effective Teaching. 6-Day Graduate Course at the Professional Institute for Educators, The University of the Arts, Philadelphia, PA.
- Eimer, B.N. (1995, March). Psychological Approaches to Managing Chronic Pain. Presentation to the Philadelphia Craniomandibular Society. Philadelphia College of Osteopathic Medicine.
- Eimer, B.N. (1994, March). EMDR and the Puzzle of Chronic Pain: An Evaluation and Treatment Protocol. A 90-Minute Workshop at the 1994 International EMDR Conference, Sunnyvale, CA.
- Eimer, B.N. (1994, May). EMDR and Psychological Therapy for Chronic Pain. Presented at the Philadelphia EMDR Network Conference.
- Eimer, B.N. (1992). The role of the primary care physician in screening for and managing depressive and anxiety disorders. Grand Rounds Presentation to the medical staff of Medical College Hospitals – Elkins Park Campus, Elkins Park, PA.
- Eimer, B.N. & Brick, R.H. (1990, November). Video-Assisted Desensitization in behavioral medicine and biofeedback. PA Society of Behavioral Medicine and Biofeedback, Valley Forge, PA.
- Ewin, D.M. & Eimer, B.N. (2007, Jan.). Idiomotor Signals in Hypnoanalysis. Half-day workshop Presented at the annual meeting of the American Society of Clinical Hypnosis. Dallas, TX.
- Zarren, J.I., & Eimer, B.N. (2005, March). Brief Cognitive Hypnosis. Full-day workshop presented at the annual meeting of the American Society of Clinical Hypnosis. St. Louis, MO.
- Zarren, J.I., & Eimer, B.N. (2003, April). Brief Cognitive Hypnosis. Full-day workshop presented at the annual meeting of the American Society of Clinical Hypnosis. Alexandria, VA.
- Zarren, J.I., & Eimer, B.N. (2003, March). Brief Cognitive Hypnosis. Full-day workshop presented to the Greater Philadelphia Society of Clinical Hypnosis. Philadelphia, PA.
- Zarren, J.I., & Eimer, B.N. (2002, March). Brief Cognitive Hypnosis. Full-day workshop presented at the annual meeting of the American Society of Clinical Hypnosis. Indianapolis, IN.
- Zarren, J.I., & Eimer, B.N. (Feb., 2000). A One-Session Stop Smoking Approach Using Brief Cognitive Hypnosis. Full-day workshop. Annual meeting of American Soc. of Clinical Hypnosis. Baltimore.
- Zarren, J.I., & Eimer, B.N. (1999, March). Brief Cognitive Hypnosis. Full-day workshop presented at the annual meeting of the American Society of Clinical Hypnosis. Atlanta, GA.
- (1990-present). Implementation of workshops at local community organizations. **Topics:** stress management, overcoming addictions, coping with pain, relationship problems, challenge of single parenting, depression, and overcoming phobias.
- (1989-1993). Running support groups for individuals with chronic medical illnesses. **Topics:** Multiple Sclerosis (patients and spouses), Stroke patients, Chronic pain patients.
- (1990-1998). In-service presentations and consultations to businesses, insurance companies, and health Care organizations on occupational stress management and the reduction of organizational stress.

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Control Stress. Stay Well. A Stress Management Seminar for management and office personnel at the Prudential Insurance Company Eastern Home Office. Horsham, PA. (May 11, 12, 15, 1992).

Assisting in the conducting of weekend "Getting the Love You Want" workshops for couples based on Imago Relationship Therapy (Philadelphia and New York City 1993-1994).

Assisting in the conducting of Level I and Level II Basic and Advanced training workshops in EMDR.

Eimer, B.N. (1987, November). Cognitive strategies in pain management. Presentation at the ninth annual meeting of the PA Society of Behavioral Medicine and Biofeedback, King of Prussia, PA.

SOME GRADUATE COURSES TAUGHT:

Title: Psychology of Managing Stress in the Classroom. Fall & Spring curricula (1991-1995).
Professional Institute for Educators, University of the Arts, Broad & Pine Streets, Philadelphia.

Title: Psychology of Pain Management (1996). Psy.D. Psychology Program, Philadelphia College of Osteopathic Medicine.

BOOK CHAPTERS:

Eimer, B.N. (1991). The treatment of chronic pain. In A. Freeman and F. Dattilio (Eds.), Clinical Casebook of Cognitive Behavior Therapy. New York: Plenum Press.

Eimer, B.N. & Freeman, A. (1991). The schizophrenic patient. In A. Freeman & F. Dattilio (Eds.), Clinical Casebook of Cognitive Behavior Therapy. New York: Plenum Press.

Eimer, B.N., & Gravitz, M.A. (2007). Clinical and forensic hypnosis. In F. Dattilio & R. Sadoff (Eds.), Mental health experts: Roles & qualifications for Court *2nd Ed.. Mechanicsburg, PA: Pennsylvania Bar Institute.

Eimer, B.N., & Gravitz, M.A. (2003). Clinical and forensic hypnosis. In F. Dattilio & R. Sadoff (Eds.), Qualifying the mental health expert witness: A guide for attorneys and jurists. Mechanicsburg, PA: Pennsylvania Bar Institute.

Eimer, B.N. (1989). Psychotherapy for chronic pain: A cognitive approach. In A. Freeman, K.M. Simon, H. Arkowitz, and L. Beutler (Eds.), Comprehensive Handbook of Cognitive Therapy. New York: Plenum.

Eimer, B.N. (1988). A patients' guide to psychotherapy. In P.A. Keller (Ed.), Innovations in Clinical Practice Source Book. Vol 7. Sarasota, FL: Professional Resource Exchange.

Eimer, B.N. (1988). Sentence Completions About Relationships, Experiences, and Discomfort: A structured sentence completion test. In P. Keller (Ed.), Innovations in Clinical Practice: Volume 7. Sarasota, Florida: Professional Resource Exchange.

Mancuso, J.C. & Eimer, B.N. (1982). Fitting things into sorts: The range corollary. In J.C. Mancuso and J. Adams-Webber (Eds.), The Construing Person: A Review of George Kelly's Theory. New York: Praeger Press.

BOOK REVIEWS:

Eimer, B.N. (April, 1995). Review of Raising a thinking child: The "I-Can-Problem-Solve" Program. Philadelphia Society of Clinical Psychologists Newsletter.

Eimer, B.N. (2002). Review of Cognitive hypnotherapy. Spring issue of Journal of Cognitive Psychotherapy.

Eimer, B.N. (2003). Review of Cognitive hypnotherapy. American Journal of Clinical Hypnosis, 46, 65-67.

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Eimer, B.N. (2006). Review of Hypnosis in clinical practice: Steps for mastering hypnotherapy. American Journal of Clinical Hypnosis, 49, 80-82.

ARTICLES:

Eimer, B.N. (2020). How is your pain control today? *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Summer 2020 issue). International Medical and Dental Hypnotherapy Association: Laceyville, PA.

Eimer, B.N. (2020). Hypnosis for taming fear to build immunity. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Spring 2020 issue). International Medical and Dental Hypnotherapy Association: Laceyville, PA.

Eimer, B.N. (2019). Preventing and alleviating anxiety and depression with hypnotherapy. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Spring 2019 issue). International Medical and Dental Hypnotherapy Association.

Eimer, B.N. (2018). The AWARE self-hypnosis protocol for taming persistent pain. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Fall 2018, pp. 10-11). International Medical Dental Hypnotherapy Association.

Eimer, B.N. (2018). Mindful hypnotherapy for taming chronic pain. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Summer 2018 issue, pp. 9-10). International Medical Dental Hypnotherapy Association: Laceyville, PA.

Eimer, B.N. (2015). Using Hypnosis to Help an Opiate Dependent 79-Year Old Man Lessen His Headaches: A Case Report - Part 2. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Summer 2015 issue). International Medical and Dental Hypnotherapy Association: Laceyville, PA.

Eimer, B.N. (2015). Using Hypnosis to Help an Opiate Dependent 79-Year Old Man Lessen His Headaches: A Case Report - Part 1. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Spring 2015 issue). International Medical and Dental Hypnotherapy Association: Laceyville, PA.

Eimer, B.N. (2014). The “3 Rs” of Hypnotherapy that Spell S.U.C.C.E.S.S. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Summer 2014 issue). International Medical and Dental Hypnotherapy Association: Laceyville, PA.

Eimer, B.N. (2013). Pain management hypnotherapy for pain relief. *Unlimited Human! The Official Magazine of the IACT and IMDHA*. (Summer 2013 issue). International Medical and Dental Hypnotherapy Association: Laceyville, PA.

Eimer, B.N. (2012) (Guest editor). Minimizing the risks of inadvertent adverse consequences of clinical and forensic hypnosis. Special issue of the American Journal of Clinical Hypnosis. 55.

Eimer, B.N. (2012). Minimizing the risks of inadvertent adverse consequences of clinical and forensic hypnosis. American Journal of Clinical Hypnosis, 55, 8-31.

Eimer, B.N. (2012). Guest editorial. American Journal of Clinical Hypnosis, 55, 4-7.

Zarren, J.I. & Eimer, B.N. (2010). Response to Dr. Edwin Yager’s open letter to the editor. American Journal of Clinical Hypnosis, 52, 171-172.

Eimer, B.N. (Nov. 2002). Stop pain with hypnosis. Bottom Line Health, Vol. 16, No. 11.

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- Eimer, B.N. (Winter, 2000). Hypnosis for the relief of post-accident personal injury pain. Psychological Hypnosis, Vol 10, No. 1.
- Eimer, B.N. (2000). Clinical applications of hypnosis for brief and efficient pain management psychotherapy. American Journal of Clinical Hypnosis, 43, 17-40.
- Eimer, B.N. (Summer, 2000). Hypnosis for the relief of pain: What's possible and what's not. Psychological Hypnosis, Vol 9, No. 2, 3-6.
- Eimer, B.N. (Winter, 1993). EMDR approaches for treating chronic pain. EMDR Network Newsletter. 3(3).
- Eimer, B.N. (January, 1993). Psychological desensitization and reprocessing of chronic pain with EMDR. EMDR Network Newsletter. 3(1).
- Eimer, B.N. (1988). The chronic pain patient: Multimodal assessment & psychotherapy. International J. of Medical Psychotherapy. 1, 23-40.
- Eimer, B.N. (September, 1988). Coping with the stress of being a single parent during the holidays. The Jewish Exponent. Philadelphia.
- Eimer, B.N. (1983). Age differences in boys' evaluation of fathers' intervening to stop misbehavior. Journal of Psychology. 115, 159-163.
- Eimer, B.N. (1983). A technique for prediction of children's social problem-solving. Perceptual and Motor Skills. 57, 711-717.
- Eimer, B.N. & Mancuso, J.C. (1983). Children's perceptions of variously reprimanded transgressors. Journal of Psychology. 115, 209-220.
- Eimer, B.N., Mancuso, J.C., & Lehrer, R. (1983). Developmental Differences in Boys' Judgements About Paternal Disciplinary Behavior. Princeton, NJ: Educational Testing Service (ERIC Document Reproduction Service # PS 013702).
- Eimer, B.N. & Mancuso, J.C. (1980). A constructivist framework for helping parents develop positive parenting concepts. Albany, NY: SUNY at Albany (ERIC Doc Reproductions No. ED 192 918).
- Mancuso, J.C. & Eimer, B.N. (1982). A constructivist view of reprimand in the classroom. Interchange. 13(4), 39-45.
- TESTS:** Eimer, B.N. & Allen, L. (1993). The Pain Coping Inventory (PCI). Paper-and-pencil and computer software versions. Durham, NC: CogniSyst, Inc.
- Eimer, B.N. & Allen, L. (1994). The Pain Assessment Battery (PAB). Computerized administration, scoring and reporting software. Durham, NC: CogniSyst, Inc.
- Eimer, B.N. & Allen, L. (1994). The Philadelphia Pain Questionnaire (PPQ). Computerized scoring and reporting software. Durham, NC: CogniSyst, Inc.