

## **Curriculum Vitae of C. Roy Hunter, FAPHP, DIMDHA**

### **MAILING ADDRESS:**

C. Roy Hunter  
Alliance Self-Empowerment Inc.  
2748 Milton Way #120-B  
Milton, WA 98354  
Tel: 1-253-927-8888  
email: [roy@royhunter.com](mailto:roy@royhunter.com)  
website: [www.royhunter.com](http://www.royhunter.com)

### **CURRENT REGISTRATION:**

Washington State, as a Registered Hypnotherapist (Registered since law passed in 1988)

### **PROFESSIONAL CERTIFICATIONS & MEMBERSHIPS, PAST AND PRESENT:**

(Appearing in alphabetical order)

Australian Hypnotherapists' Association (Honorary Member)  
American Council of Hypnotist Examiners (Original certification in 1983)  
Association of Professional Hypnotherapists and Psychotherapists (Fellow)  
British National Register of Advanced Hypnotherapists (Honorary Member)  
Council of Clinical Hypnotherapists (Honorary member)  
Hypnotist Educational Council International (former Director; merged with N.G.H. in 1990)  
International Hypnosis Hall of Fame Guild Advisory Board (past President)  
International Medical Dental Hypnotherapy Association (Life Diplomate and Board Member)  
International Society of Professional Hypnosis  
National Association of Transpersonal Hypnotherapy (Advisory Board)  
National Federation of Hypnotists, O.P.E.I.U. Local 104 (Charter member)  
National Society of Clinical Hypnotherapy  
National Guild of Hypnotists (N.G.H.)  
N.G.H., Pacific Northwest Chapter (past-President and Founding Chapter President)  
National Speakers Association  
National Speakers Association, Pacific Northwest Chapter (former Director)  
Washington Hypnosis Association (past President)

### **AUTHORED BOOKS:**

(Starting with the most recent)

Hunter, C.R. (2013) *Through the Looking Glass: American Artists of Hypnosis, 1900-2012*  
Laceyville, PA: Alliance Publishing  
Hunter, C. R.; Eimer, B. N. (2012) *The Art of Hypnotic Regression Therapy: A Clinical Guide*  
Carmathen, Wales: Crown House Publishing.  
Hunter, C. R. (2011) *Mastering the Power of Self-Hypnosis* (2nd Ed.)  
Carmathen, Wales: Crown House Publishing.

- Hunter, C. R. (2010) *The Art of Hypnosis: Mastering Basic Techniques* (3rd Ed.)  
Carmathen, Wales: Crown House Publishing.
- Hunter, C. R. (2010) *The Art of Hypnotherapy* (4th Ed.)  
Carmathen, Wales: Crown House Publishing.
- Hunter, C. R. (2007) *The Art of Hypnotherapy* (3rd Ed.)  
Dubuque, IA: Kendall/Hunt Publishing
- Hunter, C. R. (2005) *Hypnosis for Inner Conflict Resolution: Introducing Parts Therapy*  
Carmathen, Wales: Crown House Publishing.
- Hunter, C. R. (2000) *The Art of Hypnotherapy* (2nd Ed.)  
Dubuque, IA: Kendall/Hunt Publishing
- Hunter, C. R. (2000) *The Art of Hypnosis: Mastering Basic Techniques* (3rd Ed.)  
Dubuque, IA: Kendall/Hunt Publishing
- Hunter, C. R. (1995) *The Art of Hypnosis: Mastering Basic Techniques* (2nd Ed.)  
Dubuque, IA: Kendall/Hunt Publishing
- Hunter, C. R. (1995) *The Art of Hypnotherapy*. Dubuque, IA: Kendall/Hunt Publishing
- Hunter, C. R. (1994) *The Art of Hypnosis*. Merrimack, NH: NGH Publishing  
Dubuque, IA: Kendall/Hunt Publishing
- Hunter, C. R. (1998) *Master the Power of Self-Hypnosis*. New York, NY: Sterling Publishing
- Hunter, C. R. (1987) *Success Through Mind Power*. Glendale, CA: Westwood Publishing

**AWARDS AND PROFESSIONAL RECOGNITION:**  
**(Appearing in chronological order from 1990 to present)**

- 1990 "Voice of the Year," International Hypnosis Hall of Fame
- 1991 Outstanding Service Award, National Guild of Hypnotists
- 1990-1993 Chapter Founding President Award, Pacific Northwest Chapter of N.G.H.
- 1993 Dedication Award, International Hypnosis Hall of Fame
- 1994 Service Award, International Hypnosis Hall of Fame
- 1995 Outstanding Service Award, International Hypnosis Hall of Fame
- 1996 Thomas A. Raffa Memorial Award for Outstanding Professional Achievements and Pursuit  
of Excellence in the profession, International Hypnosis Hall of Fame
- 1998 Teamwork Award, International Medical and Dental Hypnotherapy Assoc.
- 2000 Induction as "Author" into the International Hypnosis Hall of Fame
- 2000 Charles Tebbetts Memorial Award, American Council of Hypnotist Examiners
- 2001 Charles Tebbetts Award, National Guild of Hypnotists
- 2004 Outstanding Clinical Contribution Award, National Association of Transpersonal  
Hypnotherapy
- 2005 "Order of Braid" Award in recognition of a life time of outstanding achievement,  
dedication and service, National Guild of Hypnotists
- 2007 Lifetime Achievement Award, National Association of Transpersonal Hypnotherapy
- 2009 Best Overall Presenter, New Zealand Hypnotherapy Federation, 16th Conference

*2010 Pen and Quill Award*, International Medical and Dental Hypnotherapy Assoc.  
*2011 Life Fellow Award*, International Medical and Dental Hypnotherapy Assoc.  
*2013 Life Diplomate Award*, International Medical and Dental Hypnotherapy Assoc.  
*2015 Pen and Quill Award*, International Medical and Dental Hypnotherapy Assoc.

### **ARTICLES PUBLISHED:**

Numerous articles have been published over the years in the following professional journals, some occasional and some regularly (appearing in alphabetical order):

APHP Journal (Association of Professional Hypnosis and Psychotherapy)  
Australian Journal of Clinical Hypnosis  
European Journal of Clinical Hypnosis  
HECI Newsletter  
Journal of Hypnotism  
Subconsciously Speaking  
Unlimited Human!  
+ Several local or smaller hypnosis journals

### **TEACHING EXPERIENCE:**

1987: Started teaching a full 9-month hypnosis certification course at Tacoma Community College in Tacoma, WA (USA) until the early 2000's, then taught privately at clinic. Hypnosis Training Course was self-authored, based on the work of Charles Tebbetts, endorsed by several major hypnosis associations, and is taught by several other hypnosis instructors in several locations.

1990: Started teaching workshops and lecturing at hypnosis conventions (1990 to present; see next section). Additionally, started teaching parts therapy workshops within the USA.

1999: Started teaching workshops internationally (1999 to present). Countries visited include (in alphabetical order): Australia, Bahrain, Canada, Iceland, Ireland, New Zealand, Norway, Scotland, Singapore, South Africa, Tunisia, United Kingdom, United States. Among the venues was the London College of Clinical Hypnosis (LCCH), with a 2-day masterclass in parts therapy taught in 2006, co-sponsored by the British Medical Hypnosis Association and Crown House Publishing.

2010: Started a "Train the Parts Therapy Trainer" program, designed to teach other professionals how to teach parts therapy...offered once annually in America and once annually abroad.

2011-present: Taught workshops in twelve different countries and five continents.

**PRESENTATIONS at PROFESSIONAL ASSOCIATIONS:**

(Annual conferences, regional workshops, and/or conventions, appearing in alphabetical order)

Australian Hypnotherapists' Association (AHA)  
American Council of Hypnotist Examiners (ACHE)  
Association of Professional Hypnotherapists and Psychotherapists (APHP; U.K.)  
Council of Clinical Hypnotherapists (CCH; Australia)  
Hypnotist Educational Council International (HECI)  
International Hypnosis Hall of Fame (IHHF)  
International Medical Dental Hypnotherapy Association (IMDHA)  
    also includes presentations at local chapters  
International Society of Professional Hypnosis (ISPH)  
National Association of Transpersonal Hypnotherapy (NATH)  
National Guild of Hypnotists (NGH)  
    also includes presentations at several local chapters  
National Speakers Association, Pacific Northwest Chapter  
New Zealand Hypnotherapy Federation (NZHF)  
Washington Hypnosis Association (WHA)

**HYPNOTHERAPY EXPERIENCE:**

1983: Completed formal hypnosis training from Charles Tebbetts, founder of the Charles Tebbetts Hypnotism Training Institute in Edmonds, WA. Started practicing full time that same year. Practice included weight loss and smoking cessation, with a specialty in professional motivation for sales people and owners of small businesses. The specialization in motivation resulted in several speaking engagements and self-hypnosis workshops at local businesses during the 1980's and 1990's, as well as appearances on radio and television.

Late 1980's: Facilitated smoking cessation programs for Tacoma School District, the Frank Russell Company, and Pacific Northwest Bell (later became Qwest, now CenturyLink).

2001-2008, Tacoma, WA: Worked part time for Franciscan Hospice, facilitating hypnotherapy and relaxation therapy for terminal patients as part of the *Comfort Therapy* program. Frequent travel resulted in training a replacement.

**SUMMARY OF EXPERIENCE BEFORE 1983:**

1980-1982 Litton Industries, selling and installing business equipment  
1974-1980 Insurance, sales and service. Experience includes one year as a sales manager for Metropolitan Life, recruiting and training insurance agents.  
1966-1974 Ambassador College, Pasadena, CA; experience includes tabulation of statistics, mailroom supervision, and quality control supervisor.

**EDUCATION and CERTIFICATIONS:**

1966: Bachelor of Arts, Ambassador College, Pasadena, CA

1983: Certified Hypnotherapist, Charles Tebbetts Hypnotism Training Ins., Edmonds, WA

1987: Certified Hypnotism Instructor awarded by Charles Tebbetts

1993: Masters of Science, St. John's University, Springfield, LA

2004: Honorary Ph.D. granted for life experience in hypnosis, St. John's University

2009: Ph.D. (behavioral science) awarded for life experience from Alpha University and California University (FCE).